

BROUGHT TO YOU BY UC HEALTH & WELLNESS

Personal Training

Have you ever wanted to work with a personal trainer?

UC Health & Wellness is making that possible for you!



Maggie Matrulli is a certified personal trainer who will help you develop a program of exercise based on your personal assessment.

Discounted rate of \$15 per 30 minute session for UC employees/staff/faculty

CONTACT MAGGIE FOR YOUR
ASSESSMENT

MAGGIE_MATRULLI@YAHOO.COM

Scheduling is based on your availability.

Wear comfortable clothing, bring water .

